



# Highlands College

Dear Parent/ Carer

You may be aware that there has recently been a lot of press regarding issues of sexual harassment and consent, for young people. This includes some concerns about on-island behaviours.

Child Protection experts have worked with the schools to provide Child Sexual Exploitation (CSE) information packs. The Youth Service will also be holding assemblies for young people to help them understand the signs of CSE, and to know where they can go to get help and advice for themselves, or others.

The focus of this input was school age pupils, though we have recently received the pack used for delivery and will adapt this as appropriate for our students.

At Highlands, we take these concerns seriously, and are also addressing this in other ways, including via an on-going awareness programme on sexuality, relationships, and gender across the year. This week, we have delivered a short training session for our Personal Tutors on 'Unhealthy Sexual Behaviours'. We have also planned an age-appropriate awareness campaign for our students on issues of consent.

The following resources may be helpful to you, as parents/carers:

- A guide for parents and carers on CSE: [Child Sexual Exploitation: A guide for Parents and Carers leaflet](#)
- [Disrespect NoBody | Find out about healthy relationships, relationship abuse, consent and more.](#)
- Parent Hack – Getting your teen to open up to you (5 min video on talking to teenagers, in general): [Dr Pooky Knightsmith Video for Parents](#)

Please do get in touch with the Student Life Team if you have further concerns or questions. We are here to help you, and the young people you care for (email: [Studentlife@highlands.ac.uk](mailto:Studentlife@highlands.ac.uk)).