

# Highlands College Adult & Community Education





# Welcome to the Autumn programme of Adult & Community Leisure Learning Courses

We welcome you to experience lifelong leisure learning with Adult & Community Education through our autumn programme. ACE has a special place in the hearts and minds of islanders and more than a thousand adults a year enjoy a range of classes from art to exercise and history to dance, many students enrolling on more than one course per term.

New for 2019 we have 'Perfect Puddings' – a one off Saturday workshop; 'Understanding Shakespeare' – a six week evening course with new tutor, Chloe Morris; 'SFX and Prosthetic Makeup' for the

theatricals among us or if you're retired and want to exercise and meet people 'Fit for Retired Life' with the lovely Lisa Troy.

Also new are some free events for any adult in the community to attend at our Philip Mourant Centre in Trinity. Bookings are through Eventbrite, see page 14 for full information.

The ACE team of Heidi, Kim and Glenda are committed to providing the best possible experience for our adult learners so for more information please give us a call on 608655 or pop into the Highlands Student Centre where we will be happy to discuss your queries.

"I am thoroughly enjoying this course. Lisa is lovely and since retiring I wanted to get out, exercise and meet people. I can do all of these things on this class. I'm definitely signing up for next term"

- Student on Lisa Troy's  
Fit for Retired Life course.

"Vicky makes this an extremely safe, fun place and my self esteem and confidence has increased so much that it has literally changed my life as a consequence.

The best aspects are the fun, laughter, exercise and going home feeling good about myself"

- Student on Vicky Phillips  
Burlesque for Beginners and Improvers



## CONTACT US TODAY

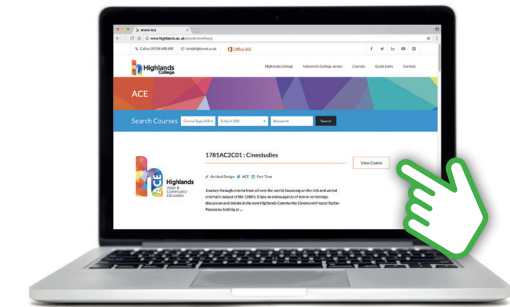
Telephone: 608655 / 608632 | [Eace@highlands.ac.uk](mailto:Eace@highlands.ac.uk)  
[www.highlands.ac.uk](http://www.highlands.ac.uk)

## HOW TO ENROL

### ONLINE



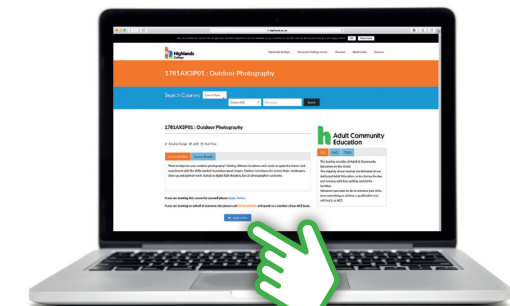
The best way to enrol is by visiting our website:  
[www.highlands.ac.uk](http://www.highlands.ac.uk)



Scroll through the list and click on '**View Course**' to see more details.

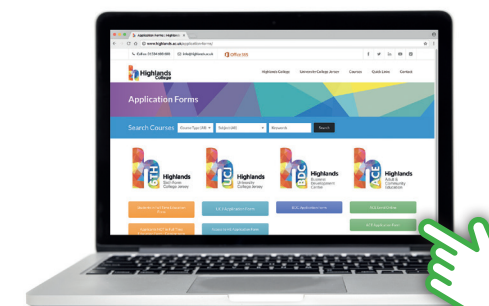


Click the **ACE logo** at the end of the row to view our list of course.



Once you have found the course you'd like, click the blue '**Apply Online**' button and follow the instructions.

### BY POST



Complete the application form supplied in this programme and return to the address at the top. Alternatively, to print off additional application forms, visit our website:  
[www.highlands.ac.uk/application-forms](http://www.highlands.ac.uk/application-forms)

Click the green 'ACE Application Form' button at the end of the row. Complete the form and return to the postal address listed on the top of the page.

### CALL US

Our Customer Registration Team can happily enrol you over the phone. Please call directly on **608655** or **608632**.

### VISIT US

For more information, to discuss course options, or to enrol in person, visit our Student Records Team in the Main Reception at Highlands College.

#### TERMS & CONDITIONS

##### Eligibility for ACE courses

The Adult & Community Education (ACE) programme is only available to students who are aged 18 or over. *(unless specified in the course information)*

##### Application priority

Applications for ACE leisure courses are accepted on a first come, first served basis on receipt of fees. If the wait list is sufficiently large and additional tutors and facilities are available another course may be set up, for which you will be offered a place.

##### Fee concessions

If you are aged 60 or over, an automatic concession is applied to your course fee on application.

##### Cancellations

A minimum enrolment number is required to recover the full costs of providing a course. If numbers of students fail to reach this minimum we reluctantly cancel it. Applicants are provided with a full refund or a transfer to another suitable course if one is available.

##### Refunds

Unfortunately, we only offer a refund if a course has been cancelled by Highlands College. Circumstances such as illness, work commitments or leaving the Island are not considered for refunds.

**Course places cannot be deferred to another term and are not transferable to another person.**



## Can't find the course you're looking for?

Tell us. We may be able to offer it next term



## Had a great learning experience?

### FOLLOW US

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- [t](#) Highlands\_JSY
- [i](#) Highlandscollegejersey



## Like to teach a course next term?

Get in touch, we're always looking for new, interesting courses to extend our offering



## FAQ

#### Can anyone apply for a course?

The Adult & Community Education (ACE) programme is only available to students who are no longer in compulsory education and are aged 18 or over. *(unless specified in the course information)*

#### How do I apply for a course?

You can book and pay for your ACE course online.

- Go to [www.highlands.ac.uk](http://www.highlands.ac.uk) and click on ACE Leisure Courses
- Create your personal account by clicking Request Account. (If you already have a personal account, log in with your username and password)
- Click on the course titles that interest you for more information. You can filter your search by subject or day
- If you wish to enrol on a course, add your chosen course to your basket and follow the payment process

#### How do I pay for a course?

- Use a **MasterCard, Visa or Maestro credit or debit card online**
- Supply **mastercard, visa or Maestro credit or debit card information over the telephone or by person only**. It is no longer acceptable to take written note of your card details.
- Pay by cheque**. Cheques should be made out to "Treasurer of the States". If you are applying for more than one course please enclose separate cheques for each. This will enable us to return fees for courses that are already full and still process other applications without delay. Post your form and cheque to Highlands College - Student Records, Highlands Lane, St Saviour JE1 1HL.

#### Can I pay the course fee by instalments or by post-dated cheque?

Unfortunately, no. You will not have your application confirmed until payment is received in full. Remember payment can be made via credit card, cheque, postal order or, if applying in person, in cash.

#### What do my course fees pay for?

All ACE course fees include your tuition and a registration fee. They may also include a contribution towards the cost of demonstration materials, venue rental, handouts, artist models, equipment or assessment fees.

PLEASE NOTE: be prepared to supply materials in addition to your course fees depending on your course, for example flowers, cooking ingredients, art and craft materials or specialist clothing.

#### When do courses run?

ACE courses vary in length from half-day workshops to one academic year. The majority of courses follow an academic timetable and may include half-term, bank holiday or other breaks.

#### What if my course is relocated, rescheduled or cancelled?

We make every effort to avoid doing this, but occasionally it is necessary. This is why it is vitally important for us to have your current telephone numbers or e-mail address in order that we can contact you as speedily as possible. If you have a mobile telephone number, we will use a text message service to inform you of any changes to your course. If the change is not acceptable to you, a full refund will be issued. Please note, our text message service is a non-reply service.





**Get Started in Pottery** **1981AC1G01**  
**Saturday 26 October 2019 | 10:00 AM - 12:30 PM | 1 week | Philip Mourant Centre**  
**Price: £45 - Senior Citizen: £45** **Tutor: Raymond Ubsdell**  
A short course to introduce students to pottery. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P01**  
**Monday 16 September 2019 | 10:00 AM - 12:30 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P02**  
**Monday 16 September 2019 | 6:45 PM - 9:15 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P03**  
**Tuesday 17 September 2019 | 10:00 AM - 12:30 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P04**  
**Tuesday 17 September 2019 | 6:45 PM - 9:15 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P06**  
**Wednesday 18 September 2019 | 6:45 PM - 9:15 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P07**  
**Thursday 19 September 2019 | 10:00 AM - 12:30 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Pottery for Beginners and Improvers** **1981AC1P08**  
**Thursday 19 September 2019 | 6:45 PM - 9:15 PM | 11 weeks | Philip Mourant Centre**  
**Price: £225 - Senior Citizen: £170** **Tutor: Raymond Ubsdell**  
Explore the world of clay and creativity in the pottery workshop at the Philip Mourant Centre with tutor Ray Ubsdell. Learn the techniques of hand building, throwing on the wheel and glazing. Develop your creativity and skills to produce your own masterpiece. Please bring an apron or old shirt to protect your clothing, students must wear closed in shoes.

**Explore Drawing** **1981AD1E01**  
**Wednesday 25 September 2019 | 7:00 PM - 9:00 PM | 10 weeks | Philip Mourant Centre**  
**Price: £135 - Senior Citizen: £100** **Tutor: Julia Coutanche**  
Explore drawing: light and tone; shape and line; textures, composition, perspective and measurement. Drawing natural objects, still life and the human figure using pencils, chalk, charcoal and pastel. Suitable for beginners, or confident artists wishing to experiment with mark marking.

**Sketch Book Drawing and Watercolours** **1981AD1S02**  
**Tuesday 17 September 2019 | 11:30 AM - 1:30 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Ann Morgan**  
This is a course for those who love to sketch. Basic drawing techniques, perspective and tone will be taught and sketching using watercolours will also be included.

**Drawing for the Terrified Beginners and Improvers** **1981AD1T01**  
**Tuesday 17 September 2019 | 11:30 AM - 1:30 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Barbara Jackson**  
Ever wish you could draw but too frightened to even pick up a pencil? Learn basic drawing skills so you can begin to produce your own artwork. Suitable for those who have completed a beginners course or wish to rekindle old skills.

**More Drawing for the Terrified with Watercolours** **1981AD1T02**  
**Tuesday 17 September 2019 | 1:45 PM - 3:45 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Barbara Jackson**  
This is suitable for those with a little drawing experience who wish to develop their skills. It also introduces simple watercolour techniques but is essentially a drawing course.

**Drawing for the Terrified With Watercolours** **1981AD1T03**  
**Thursday 19 September 2019 | 10:00 AM - 12:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Barbara Jackson**  
This is suitable for those with a little drawing experience who wish to develop their skills, although beginners are more than welcome. It also introduces simple watercolour techniques but is essentially a drawing course.

**Drawing and Watercolour Moving On** **1981AD1T04**  
**Tuesday 17 September 2019 | 2:00 PM - 4:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Barbara Jackson**  
Experiment with watercolour, use other media and improve your drawing skills. Suitable for those who have some drawing and watercolour ability and wish to improve and build on their creativity.

**Mixed Media Art** **1981AM1E02**  
**Monday 7 October 2019 | 9:30 AM - 11:30 AM | 7 weeks | Philip Mourant Centre**  
**Price: £125 - Senior Citizen: £100** **Tutor: Lisa Bloomer**  
An opportunity to experiment with watercolour painting, acrylic paint and thermofax screen printing. Seven weeks of experimental work in these different art forms, sign up and enjoy something new.

**Painting With Oils** **1981AO1P01**  
**Tuesday 17 September 2019 | 9:15 AM - 11:45 AM | 11 weeks | Philip Mourant Centre**  
**Price: £180 - Senior Citizen: £135** **Tutor: Michelle Le Cornu**  
Enjoy learning the basic steps in oil painting, from how to mix colours and apply paint to canvases to successfully creating the picture you want. Suitable for complete beginners as well as those with some experience.

**Inside and Out - Painting the Landscape** **1981AP1A01**  
**Tuesday 17 September 2019 | 2:00 PM - 4:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £150 - Senior Citizen: £110** **Tutor: Michelle Le Cornu**  
This exciting new course will allow the student to experience true colour and atmosphere of the landscape as well as enjoying studio sessions in the classroom. At least three sessions will take place at outdoor locations and the course is suitable for complete beginners as well as those with some experience.

**Evening Painting for Relaxation** **1981AP1E01**  
**Wednesday 18 September 2019 | 7:00 PM - 9:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Ann Morgan**  
For beginners and seasoned painters who want to meet in a relaxed atmosphere and enjoy painting, with the benefit of tutor guidance and instruction on particular techniques. Use any medium of your choice.

**Adventures in Watercolour Intermediate** **1981AW1C01**  
**Thursday 19 September 2019 | 9:30 AM - 11:30 AM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £105** **Tutor: Ann Morgan**  
For students with a basic understanding of watercolour techniques, wanting to explore all methods of this exciting medium. The aim is to enable you to paint in a fresh, translucent, expressive way with emphasis on colour-mixing.

**Watercolours and the Rest** **1981AW1W01**  
**Tuesday 17 September 2019 | 12:00 PM - 2:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Lisa Troy**  
For those who have either completed a beginners course or have some experience in painting with this medium. Develop ideas and methods, explore new exciting techniques and themes that lend themselves to watercolour, plus build on your drawing practice.

**Digital Photography for Beginners** **1981AX1B01**  
**Tuesday 17 September 2019 | 6:30 PM - 9:00 PM | 10 weeks | Highlands College**  
**Price: £240 - Senior Citizen: £170** **Tutor: Colin Cruickshank**  
Learn to take fantastic images you'd be proud to hang on your wall! Explore the fundamentals of photography covering essential camera controls, light and composition as well as basic image editing using Lightroom and Photoshop Elements. Dates: Excluding 15 and 29 October 2019.

**Digital Photography Follow on** **1981AX1B02**  
**Wednesday 18 September 2019 | 6:30 PM - 9:00 PM | 10 weeks | Highlands College**  
**Price: £240 - Senior Citizen: £170** **Tutor: Colin Cruickshank**  
This follow on course is for intermediate photographers or those who have attended Colin's beginners course, who wish to take their photography to the next level. This fun and engaging course will enable you to be more creative and confident and get the most out of your camera.  
\* Excluding 16 and 30 October 2019



## SFX and Prosthetic Makeup

Jenna Barron

The course will be run by prosthetics makeup specialist Jenna Barron. Jenna has a range of experience in the film industry mostly on horror films and music videos, she worked on the creative team for the Minecraft convention and created props at propshop for Star Wars Lucas Brothers featured in Disney World. This course aims to teach how to create effective prosthetic makeups in your own home, using inexpensive supplies. If you have a passion for creepy, creativity and terrifyingly gorey sfx then this is the course for you. Finishing just in time for Halloween parties and trick or treat scares. No experience needed.  
**Refer to Page 9 for full details.**





ROK are a locally owned and managed building contractor with a wealth of experience in all aspects of construction. We are trusted for our ability to manage both people and projects to ensure a successful build. As a team, we offer dedication, quality and time perspective. As a client, you can expect:

- Professionalism throughout, from initial enquiry to completion
- Quality of service and attention to detail
- Any challenges that arise will be dealt with promptly, courteously and efficiently
- Value for money
- Speed, efficiency and integrity
- Compliance with statutory codes and good building practice
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**Kumihimo Braiding** **1981CB1K01**  
**Saturday 19 October 2019 | 9:30 AM - 1:30 PM | 1 week | Philip Maurant Centre**  
**Price: £45 - Senior Citizen: £45** **Tutor: Hazel McLaren**  
Learn this fascinating Japanese traditional method of braiding using a disc and a variety of yarns and threads to create very decorative, patterned round cords and braids that can be used as ties, gift wrap or even bracelets. All materials will be provided. So please come along and have some fun making something unique and learning a new craft.

**Amigurumi Crochet - Snowman or Angel** **1981CC1A01**  
**Saturday 9 November 2019 | 9:30 AM - 3:30 PM | 1 week | Philip Maurant Centre**  
**Price: £55 - Senior Citizen: £55** **Tutor: Hazel McLaren**  
An introduction to the Amigurumi crochet. Using this technique you will progress to make a Snowman or Angel! Knowledge of chain and double crochet (uk) aka single crochet (us) stitches will help you make a quick start. We will be working with DK yarn and a 3.00mm crochet hook. All materials will be provide but please bring your own hook if you have a favourite. Students should bring a packed lunch for the day.

**Absolute Beginners Crochet** **1981CC1B01**  
**Wednesday 18 September 2019 | 6:45 PM - 8:45 PM | 3 weeks | Philip Maurant Centre**  
**Price: £55 - Senior Citizen: £45** **Tutor: Hazel McLaren**  
Learn to crochet with confidence. Basic stitches with help and tips to get you started in this popular craft.

**Crochet for Confident Beginners Part 1** **1981CC1B02**  
**Wednesday 16 October 2019 | 6:45 PM - 8:45 PM | 6 weeks | Philip Maurant Centre**  
**Price: £100 - Senior Citizen: £80** **Tutor: Hazel McLaren**  
For beginners with some basic crochet stitch knowledge. We will look at reading patterns and combining texture and colour. Simple seasonal projects will be part of this course.

**Crochet for Confident Beginners Part 3** **1981CC1B03**  
**Tuesday 17 September 2019 | 6:45 PM - 8:45 PM | 11 weeks | Philip Maurant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Hazel McLaren**  
For beginners with basic crochet stitch knowledge. We will be using a variety of yarns, stitches and colour to add texture and interest to your crochet. Exploring new stitches such as basket weave and crochet rib/ridge effects.

**Crochet for Beginners and Improvers - Daytime** **1981CC1B04**  
**Friday 20 September 2019 | 10:00 AM - 12:00 PM | 11 weeks | Philip Maurant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Hazel McLaren**  
A daytime class, we will start with the basics and with confidence move on to small projects and seasonal items. All materials provided, but if you have favourite crochet hooks please bring them along.

**Crochet Workshop - Winter Warmers** **1981CC1B05**  
**Saturday 5 October 2019 | 9:30 AM - 12:30 PM | 2 weeks | Philip Maurant Centre**  
**Price: £55 - Senior Citizen: £55** **Tutor: Hazel McLaren**  
Hats, scarves, wrist warmers and slippers. Patters for all levels beginners to advanced. Get started week one and finish off week two! Maybe learn a new stitch or a new use for granny squares.

**Beginners Knitting** **1981CK1B01**  
**Tuesday 17 September 2019 | 7:00 PM - 9:00 PM | 11 weeks | Philip Maurant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Lynn Whitehouse**  
Become one of the growing numbers of knitters with this beginners class. We will learn to cast on and off, increase and decrease starting with a simple scarf and hat. Knitting is good for relaxing an wellbeing and is great fun with a group. No experience required.

**Knitting with Magic Ball Yarn** **1981CK1M01**  
**Thursday 19 September 2019 | 7:00 PM - 9:00 PM | 11 weeks | Philip Maurant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Lynn Whitehouse**  
Create an individual knitted hat, diagonal scarf, shawllette, cushion using the Magic Ball method of creating your own yarns - inspired by Kaffe Fassett's knitting. Discover various creative ways to use your specially created yarn. Basic knitting skills are required.

**Patchwork and Quilting** **1981CS1P01**  
**Monday 16 September 2019 | 1:00 PM - 3:00 PM | 11 weeks | Philip Maurant Centre**  
**Price: £155 - Senior Citizen: £115** **Tutor: Mary Dunford**  
This course covers simple techniques from patchwork blocks to a family heirloom quilt. Different quilting methods will also be covered. New students who have not attended before should bring a general sewing kit, a selection of fabrics and three different colours of scrap material for the first week, further advice will be given.

**Patchwork and Quilting** **1981CS1P02**  
**Thursday 19 September 2019 | 1:00 PM - 3:00 PM | 11 weeks | Philip Maurant Centre**  
**Price: £155 - Senior Citizen: £115** **Tutor: Mary Dunford**  
This course covers simple techniques from patchwork blocks to a family heirloom quilt. Different quilting methods will also be covered. New students who have not attended before should bring a general sewing kit, a selection of fabrics and three different colours of scrap material for the first week, further advice will be given.

**Sewing for Beginners and Improvers** **1981CS1R01**  
**Monday 16 September 2019 | 6:00 PM - 8:30 PM | 11 weeks | Rachel's Textiles Studio**  
**Price: £295 - Senior Citizen: £295** **Tutor: Rachel Conannon**  
For beginners wishing to learn how to use a sewing machine and become more confident with stitching or those who wish to improve their skills. Students will follow their own projects after a few sessions, from soft furnishings to simple garments.

**Sewing for Beginners and Improvers** **1981CS1R02**  
**Thursday 19 September 2019 | 6:00 PM - 8:30 PM | 11 weeks | Rachel's Textiles Studio**  
**Price: £295 - Senior Citizen: £295** **Tutor: Rachel Conannon**  
For beginners wishing to learn how to use a sewing machine and become more confident with stitching or those who wish to improve their skills. Students will follow their own projects after a few sessions, from soft furnishings to simple garments.

**Upholstery** **1981CU1F01**  
**Monday 16 September 2019 | 9:30 AM - 12:30 PM | 11 weeks | Philip Maurant Centre**  
**Price: £195 - Senior Citizen: £140** **Tutor: Mary Dunford**  
Give an old chair a new lease of life. This course takes you through traditional furniture upholstery techniques, from webbing to buttoning. Work on a project of your choice such as a chair or stool. Students should bring a piece of furniture to the first session, and a basic tool kit. Newcomers are advised to speak to the tutor before the start of the course.

**Upholstery** **1981CU1F02**  
**Monday 16 September 2019 | 6:45 PM - 8:45 PM | 11 weeks | Philip Maurant Centre**  
**Price: £165 - Senior Citizen: £125** **Tutor: Mary Dunford**  
Give an old chair a new lease of life. This course takes you through traditional furniture upholstery techniques, from webbing to buttoning. Work on a project of your choice such as a chair or stool. Students should bring a piece of furniture to the first session, and a basic tool kit. Newcomers are advised to speak to the tutor before the start of the course.

**Upholstery** **1981CU1F03**  
**Thursday 19 September 2019 | 9:30 AM - 12:30 PM | 11 weeks | Philip Maurant Centre**  
**Price: £195 - Senior Citizen: £140** **Tutor: Mary Dunford**  
Give an old chair a new lease of life. This course takes you through traditional furniture upholstery techniques, from webbing to buttoning. Work on a project of your choice such as a chair or stool. Students should bring a piece of furniture to the first session, and a basic tool kit. Newcomers are advised to speak to the tutor before the start of the course.



**Argentinian Tango** **1981DA1T01**  
**Monday 4 November 2019 | 8:00 PM - 9:00 PM | 5 weeks | St Martins School**  
**Price: £50 - Senior Citizen: £45** **Tutor: Ann Dove**  
Explore this extraordinary, exciting and passionate dance in a friendly and fun atmosphere. Couples and single dancers are all welcome.

**Burlesque for Beginners and Improvers** **1981DB1B01**  
**Monday 23 September 2019 | 7:00 PM - 8:00 PM | 10 weeks | Springfield School**  
**Price: £100 - Senior Citizen: £85** **Tutor: Victoria Phillips**  
Sparkle with style and have some fun. Don your heels, grab your feather boa and enter the wonderful world of Burlesque. Suitable for beginners and those who have experience.

**Dancefit** **1981DF1D01**  
**Monday 16 September 2019 | 9:30 AM - 10:20 AM | 10 weeks | Trinity Parish Hall**  
**Price: £100 - Senior Citizen: £90** **Tutor: Joanne Matson**  
Make your exercise fun with this Dancefit class. Get your hips moving, an all over body work out to strengthen, condition and tone, easy to follow dance work out. Suitable for all levels, so sign up and get your week started with this fitness course and put a smile on your face. Dates: Excluding 28 October and 18 November 2019.

**Salsa Beginners** **1981DS1S01**  
**Monday 16 September 2019 | 8:00 PM - 9:00 PM | 5 weeks | St Martins School**  
**Price: £50 - Senior Citizen: £45** **Tutor: Ann Dove**  
Come and learn the basics of this exciting, low impact dance in a friendly social atmosphere. Couples and individuals welcome.

**Salsa Beginners - Daytime** **1981DS1S02**  
**Friday 20 September 2019 | 9:30 AM - 10:30 AM | 9 weeks | Trinity Parish Hall**  
**Price: £80 - Senior Citizen: £65** **Tutor: Ann Dove**  
Come and learn the basics of this exciting, low impact dance in a friendly social atmosphere. Couples and individuals welcome. \*Excluding 25 October, 1 and 8 November 2019

**Salsa Improvers and Intermediate** **1981DS1S03**  
**Monday 16 September 2019 | 6:45 PM - 7:45 PM | 10 weeks | St Martins School**  
**Price: £85 - Senior Citizen: £70** **Tutor: Ann Dove**  
Enjoy the challenge of more salsa moves in a fun and sociable atmosphere. This will include both cross body and cuban rueda styles. Dates: Excluding 21 and 28 October 2019.

**Noisy Feet - Calorie Burn** **1981DT1C01**  
**Thursday 19 September 2019 | 7:00 PM - 7:50 PM | 7 weeks | Jersey Opera House**  
**Price: £85 - Senior Citizen: £75** **Tutor: Christophe Chateau**  
A fun and funky fitness class that uses tap dance to burn calories. Each week we will dance to a variety of music and rhythms using your shoes to work up a sweat and stay trim!

**Momentum Dance - Tap Dance Improvers** **1981DT1M01**  
**Thursday 19 September 2019 | 8:00 PM - 9:00 PM | 7 weeks | Jersey Opera House**  
**Price: £85 - Senior Citizen: £75** **Tutor: Christophe Chateau**  
This term we are working on our group combinations such as Time-Steps and Suzy Q's as well as working on our elevations and getting 'off' the floor creating air and rhythmic movements.

NEW COURSES FOR AUTUMN 2019

## American Politics

Alison Marshal

The 59th United States presidential election will be held 2020. The presidential primaries and caucuses will be held between February and June, 2020, staggered among the 50 states, Washington, D.C., and U.S. territories. Alison Marshal is an American Politics specialist and wants to share the journey from candidates declaring their intentions, through the almost two year process to the Inauguration. Looking at how the global changes in the political landscape have resulted in major changes throughout the Western world. Refer to page 8 for full details.







**Saturday Discover Low Water Fishing** **1981GF1W01**  
**Saturday 28 September 2019 | 11:00 AM - 2:30 PM | 1 week | Outdoor Location**  
**Price: £30 - Senior Citizen: £30** **Tutor: Patrick Hogge**  
Come and experience what Jersey has to offer at low tide, visiting tidal pools of the west coast. Look at safe and sustainable practices and learn how to find delicacies for your dinner. You will be in rock pools with water levels above the knee, so please wear suitable footwear and have a change of shoes for your return home!

**All Round Gardening** **1981GG1W01**  
**Wednesday 18 September 2019 | 7:00 PM - 9:00 PM | 10 weeks | Philip Mourant Centre**  
**Price: £135 - Senior Citizen: £100** **Tutor: Thomas Evans**  
A series of workshops introducing you to several aspects of gardening to cover a different topic each week. To include annuals, biennials, herbaceous perennials, plant propagation, trees and shrubs, lawns, glasshouse, vegetable and fruit gardens and soil science. A Saturday visit to Samares Manor gardens will take place during the course. Nine evening sessions and one Saturday, date to be confirmed.

**Living Jersey - Journey Through History** **1981GL1J01**  
**Wednesday 18 September 2019 | 10:00 AM - 12:00 PM | 11 weeks | Philip Mourant Centre**  
**Price: £140 - Senior Citizen: £100** **Tutor: Peter Webb**  
A comprehensive continuation of our Journey through Jersey exposes an Island of extraordinary people and places. Their progression and positive perseverance through centuries reveal a unique society on the world stage. The course is accompanied with illustrated notation to enjoy.

**Introduction to US Politics and Government** **1981GP1G01**  
**Thursday 3 October 2019 | 6:30 PM - 8:30 PM | 6 weeks | Highlands College**  
**Price: £95 - Senior Citizen: £75** **Tutor: Alison Marshall**  
Curious about US politics and government? Want a better understanding of how US politics and government work? This course will be taught from an American perspective and current events will be discussed in a relaxed atmosphere.

**Understanding Shakespeare** **1981GU1S01**  
**Wednesday 2 October 2019 | 7:00 PM - 8:30 PM | 6 weeks | Highlands College**  
**Price: £80 - Senior Citizen: £65** **Tutor: Chloe Morris**  
Explore Shakespeare's works and discover how the context of Early Modern England shaped England's most loved playwright. This course will cover a range of plays and some poetry, developing an understanding of Shakespeare's works and outstanding literacy career.

**Writing Fiction** **1981GW1F01**  
**Monday 16 September 2019 | 6:45 PM - 8:45 PM | 10 weeks | Philip Mourant Centre**  
**Price: £130 - Senior Citizen: £95** **Tutor: Katherine Day**  
Everyone has a story to tell. Learn about the basics of storytelling, including worldbuilding and character development. Perfect for new writers, find inspiration and hone your writing and editing skills through a variety of exercises on this ten week course.

**Writers Workshop** **1981GW1W01**  
**Tuesday 17 September 2019 | 6:45 PM - 8:45 PM | 10 weeks | Philip Mourant Centre**  
**Price: £130 - Senior Citizen: £95** **Tutor: Katherine Day**  
First, write. Second, edit. Editing your manuscript can be daunting. On this course you will have the chance to share your work, receive feedback and ask any questions you have about your story and writing. Kickstart your editing journey.

**Exploring the Holocaust** **1981GX1H01**  
**Monday 16 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £145 - Senior Citizen: £105** **Tutor: Beth Rosser**  
This course is for anyone who would like to gain knowledge of the Holocaust and the events preceding it. We will explore the themes of pre-war Jewish life, antisemitism, morality and ethics, Nazi treatment of Jews, and the Final Solution.



HEALTH AND LIFESTYLE

**Qigong and Meditation for Health** **1981HM1Q01**  
**Monday 16 September 2019 | 7:00 PM - 8:30 PM | 6 weeks | Philip Mourant Centre**  
**Price: £80 - Senior Citizen: £65** **Tutor: Caroline Le Maistre**  
Come to study and practise sitting and standing meditation and the Golden Eight - a powerful set of medical qigong exercises. These ancient Chinese practices are an enjoyable and effective way to support a healthy lifestyle; relaxing, rejuvenating and healing.

**Introduction to Reflexology** **1981HR1R01**  
**Friday 4 October 2019 | 10:00 AM - 12:30 PM | 6 weeks | Philip Mourant Centre**  
**Price: £155 - Senior Citizen: £155** **Tutor: Lisa Bloomer**  
Reflexology can relieve conditions, reduce stress and restore energy. This course is for those who wish to use it for family and friends. Through simple, easy to follow instructions you'll learn the basic principles and applications of reflexology. Book provided. Dates: Excluding 1 and 15 November 2019.

**SFX and Prosthetic Makeup** **1981HS1P01**  
**Tuesday 17 September 2019 | 6:45 PM - 8:45 PM | 6 weeks | Philip Mourant Centre**  
**Price: £150 - Senior Citizen: £130** **Tutor: Jenna Barron**  
Makeup specialist Jenna brings her industry experience to Jersey. This course aims to teach you how to create effective prosthetic makeup in your own home using inexpensive supplies. Produce creepy, creative and gorey sfx in time for Halloween parties.

NEW COURSES FOR AUTUMN 2019

## Meat Free Meals

## Perfect Puddings

Michelle Banks

We are pleased to have the popular Michelle Banks exploring exciting family plant based meals, something which has grown in popularity recently. As more people work towards sustainable living it has been suggested that having more plant based meals is something we can all do to play our part. Michelle will show you how to add flavour, and fun to meals and make every mouthful enjoyable.

Perfect puddings is a day workshop concentrating on what some see as the best part of a meal. It is the finale, and the dish you usually remember long after the washing up is done! Michelle will walk you through making an array of puddings, showing you easy variations and adaptations, to make it truly a pudding you will enjoy.



COOKERY

**More Indian Desi Kitchen** **1981KA1F01**  
**Saturday 21 September 2019 | 10:00 AM - 1:00 PM | 3 weeks | Highlands College**  
**Price: £105 - Senior Citizen: £90** **Tutor: Tariq Attar**  
A repeat of the popular summer course taking a journey through Indian cuisine, using a combination of fresh ingredients, herbs and spices. This course will cover popular regional dishes full of flavours, textures, aroma and great taste, developing skills and confidence. You will need to bring ingredients each week.

**Taste of the Golden Triangle** **1981KA1T01**  
**Saturday 19 October 2019 | 9:00 AM - 1:30 PM | 1 week | Highlands College**  
**Price: £55 - Senior Citizen: £55** **Tutor: Tariq Attar**  
Some of the prominent restaurant dishes originate in the North of India. Our culinary journey will cover the cities of Delhi, Jaipur and Agra. Packed in flavour, we will create some much loved classic and authentic dishes for you to take home and enjoy their delicious taste. You will need to bring your own ingredients.

**Meat Free Meals** **1981KM1F01**  
**Monday 23 September 2019 | 6:30 PM - 9:00 PM | 3 weeks | Highlands College**  
**Price: £80 - Senior Citizen: £65** **Tutor: Michelle Banks**  
Are you eating less meat? With a quarter of a million people signing up to veganuary the trend is gaining momentum. Come and get some ideas of meals you can share with friends and everyone can enjoy. Quick, homemade food with hints and tips to add flavour and taste. Ingredients required for each class.

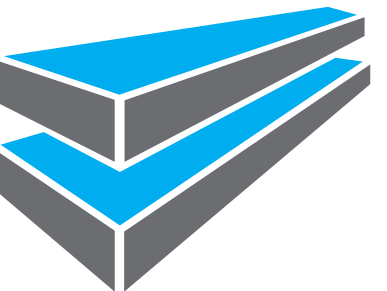
**Perfect Puddings** **1981KP1P01**  
**Saturday 12 October 2019 | 10:00 AM - 3:00 PM | 1 week | Highlands College**  
**Price: £45 - Senior Citizen: £45** **Tutor: Michelle Banks**  
The perfect pudding completes a meal like the last chapter of a book. Everyone has their own favourite, be it chocolate, fruit or a cream base. Michelle will walk you through making a range of puddings to delight your dinner guests and give you the finale you want to your meal. Ingredients will be required.



# GRAFTERS

Construction Recruitment Specialists

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**French Beginners Stage 1**  
**Wednesday 18 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Catherine Rousseaux**  
This course is aimed for beginners or people with a limited knowledge of the French language. It will cover various situations when travelling in France, such as ordering food and drinks, shopping and asking for directions.

**French Beginners Stage 3**  
**Thursday 19 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Patricia Lucas**  
You're feeling more confident when speaking French! Continue your journey and expand your knowledge so you can describe the physical position of things; ask a number of questions on different topics; understand descriptions of a variety of places and more!

**Moving On in French Stage 4**  
**Monday 16 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Patricia Lucas**  
Moving towards an intermediate level of French, you will have a good understanding of the future, present, perfect and imperfect tenses and this course will help consolidate your grammar and expand vocabulary and conversational skills. A study book will be used which new students will be required to purchase at the start of the course.

**French Conversation - Advanced**  
**Wednesday 18 September 2019 | 9:15 AM - 11:15 AM | 11 weeks | Philip Maurant Centre**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Margaret Le Monnier**  
This advanced conversation course requires a good knowledge and command of the French language. Continue to improve and develop your communication skills as well as your reading, writing and listening with focus on acquiring more vocabulary and grammar.

**Italian Beginners Stage 1**  
**Tuesday 17 September 2019 | 6:45 PM - 8:45 PM | 8 weeks | Philip Maurant Centre**  
**Price: £120 - Senior Citizen: £95**  
**Tutor: Anita Eastwood**  
Challenge yourself to learn Italian! Build foundations with some basic vocabulary and put together simple sentences so that you can be understood in everyday situations. Sessions are fun, interactive and gently paced.

**Italian Beginners Stage 1**  
**Monday 16 September 2019 | 9:15 AM - 11:15 AM | 11 weeks | Philip Maurant Centre**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Romano Pezzali**  
Challenge yourself to learn Italian! Build foundations with some basic vocabulary and put together simple sentences so that you can be understood in everyday situations. Sessions are fun, interactive and gently paced.

**Japanese Beginners Stage 1**  
**Tuesday 17 September 2019 | 6:00 PM - 8:00 PM | 10 weeks | Highlands College**  
**Price: £140 - Senior Citizen: £105**  
**Tutor: Yuki Sugawara**  
Challenge yourself to learn Japanese! Build the foundations by learning basic vocabulary and put together simple sentences so that you can begin to make yourself understood in certain everyday situations. Sessions are fun, interactive and gently paced.

**Japanese Beginners Stage 3**  
**Wednesday 18 September 2019 | 6:00 PM - 8:00 PM | 10 weeks | Highlands College**  
**Price: £140 - Senior Citizen: £105**  
**Tutor: Yuki Sugawara**  
For those with a knowledge of character, hiragana and katakana. Students will continue learning the Japanese language with Chinese characters. This course is led by Yuki Sugawara.

**Portuguese Beginners Stage 2**  
**Wednesday 18 September 2019 | 7:00 PM - 9:00 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Carla Teixeira**  
Build up your descriptive vocabulary in Portuguese to include family and pets, food and drink, houses and homes, basic money and prices, time and personal possessions. Improve your confidence in speaking to interact, access more information and appreciate the country's culture.

**Portuguese Elementary Stage 2**  
**Wednesday 18 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Rui Pires**  
You have some experience of Portuguese, with more learning and practice you will continue to expand your knowledge. Covering topics such as weather, travel, talk about past experiences, express what you'd like and describe daily experiences and routines; recognise and respond to greetings, instructions and requests for information.

**Spanish Beginners Stage 1**  
**Wednesday 18 September 2019 | 6:45 PM - 8:45 PM | 9 weeks | Highlands College**  
**Price: £130 - Senior Citizen: £100**  
**Tutor: Beth Rosser**  
Challenge yourself to learn Spanish! Build the foundations by learning basic vocabulary and put together simple sentences so that you can begin to make yourself understood in certain everyday situations. Sessions are fun, interactive and gently paced. Excluding 23 and 30 October 2019

**Spanish Beginners Stage 3**  
**Monday 16 September 2019 | 6:30 PM - 8:30 PM | 11 weeks | Highlands College**  
**Price: £150 - Senior Citizen: £110**  
**Tutor: Rosa Chatterley**  
You're feeling more confident when speaking Spanish! Continue your journey and expand your knowledge so you can describe the physical position of things; ask a number of questions on different topics; understand descriptions of a variety of places and more!

**RYA Day Skipper Theory**  
**Wednesday 18 September 2019 | 6:00 PM - 9:30 PM | 11 weeks | Highlands College**  
**Price: £350 - Senior Citizen: £350**  
**Tutor: Go-Sail,je**  
A comprehensive introduction to cruising for future Day skippers. Applicable to both power and sail to equip you with the knowledge to navigate and command a vessel safely. Essential learning of how to be safe at sea, navigate, interpret tides and deal with emergency situations. RYA Navigation Student pack provided, you will require a Breton plotter and Admiralty chart dividers. Course attendance dates: Wednesday evenings: 18 September - 4 December Excluding 30 October, Time: 6.00 - 9.30 pm. Plus two Saturday mornings: 9 and 30 November, Time: 9.00am - 12.00 noon



NEW COURSES FOR AUTUMN 2019

### Fit for Retired Life

Lisa Troy

Lisa is a well established and trusted tutor in both our fitness and art classes. She noticed that many students were requesting a class for when they were just retiring, as they felt too old for traditional gym classes, but too young for some classes being offered in the community. This class was born from the need to keep fit and active, without the need for lycra or high jumps, but with a sense of fun. This is a mixed group, of over 50's who work at their own pace, and enjoy moving to keeping their range of motion at its best or even better than when they were working. **Refer to page 12 for full details.**

G4S is the world's leading global, integrated security company specialising in the delivery of security and related services to customers across six continents. In the Channel Islands our services are extensive and we have a broad range of roles in a number of disciplines such as facilities management, cash services, logistics, cleaning and security.

Our roles can be either full time, part time or on a temporary basis. To see what roles we have currently or to register your interest please contact **01534 502604** or email **hrrecruitment@je.g4s.com**



**Introduction to Golf**  
**1981SB1G01**  
**Saturday 14 September 2019 | 1:00 PM - 3:00 PM | 6 weeks | Les Mielles Golf Course**  
**Price: £115 - Senior Citizen: £115**  
**Tutor: Wayne Osmand**  
This class is ideal for adults of all abilities and experience, whether you are picking up a club for the first time or hoping to improve your current game. Come and learn some new skills in a fun and relaxed environment.

**Fit for Retired Life**  
**1981SF1R01**  
**Thursday 10 October 2019 | 9:15 AM - 10:30 AM | 8 weeks | Philip Maurant Centre**  
**Price: £85 - Senior Citizen: £70**  
**Tutor: Lisa Troy**  
A GENTLE fitness programme specifically designed for the older population who are looking to improve their mobility for everyday life. Using very basic exercises to warm up, strengthen and stretch the body. Followed by a well deserved relaxation and social time.

**Nordic Walking**  
**1981SN1W01**  
**Tuesday 17 September 2019 | 12:30 PM - 1:30 PM | 11 weeks | Outdoor Location**  
**Price: £90 - Senior Citizen: £70**  
**Tutor: Liz De La Haye**  
Walking with poles builds fitness stimulating the chest, triceps, biceps, shoulder, abdominals and spinal plus other core muscles. Starting at various locations around the Island enjoying parish landscapes. Suitable for those with some experience of Nordic Walking but beginners of medium walking ability welcome, progressing through the weeks to increase your fitness levels. Walks take place in all weathers so waterproof clothing, walking boots or sturdy trainers are required. Please note students will require their own walking poles for the course.

**Slow Flow Yoga**  
**1981SY1S01**  
**Thursday 19 September 2019 | 4:30 PM - 6:00 PM | 10 weeks | Philip Maurant Centre**  
**Price: £115 - Senior Citizen: £90**  
**Tutor: Natasha Bolla**  
A chilled fluid flow through yoga postures, a lovely warm up for the body-mind and closing with a guided relaxation. Working all areas of the body, release and then unwind. Includes optional relaxation adjustments using organic essential oils. Suitable for beginners.  
\*Dates: Excluding 17 and 24 October 2019. \*Including 31 October 2019.

**Slow Flow Yoga - Morning**  
**1981SY1S02**  
**Tuesday 17 September 2019 | 11:00 AM - 12:30 PM | 9 weeks | Philip Maurant Centre**  
**Price: £105 - Senior Citizen: £85**  
**Tutor: Natasha Bolla**  
A chilled fluid flow through yoga postures, a lovely warm up for the body-mind and closing with a guided relaxation. Working all areas of the body, release and then unwind. Includes optional relaxation adjustments using organic essential oils. Suitable for beginners.  
Dates: Excluding 15,22 and 29 October 2019.

**Beginners Restorative Yoga**  
**1981SY1R01**  
**Thursday 19 September 2019 | 6.45 PM – 8.00 PM | 10 weeks | Philip Maurant Centre**  
**Price: £95.00 - Senior Citizen: £75.00**  
**Tutor: Henrietta Brice-Smith**  
A gentle hatha yoga practice which will take you from movement into stillness. You will begin by mobilising the major joints in the body with soft rhythmic movements. Restorative postures will follow, here you will discover where you are holding tension, learning how to consciously relax.



**Microsoft Powerpoint for Beginners**  
**1981WM1P01**  
**Wednesday 16 October 2019 | 6:30 PM - 8:30 PM | 2 weeks | Highlands College**  
**Price: £50 - Senior Citizen: £50**  
**Tutor: Corrado Anderson**  
Struggling with Powerpoint? Want to put more into your presentations? This course assumes a basic computer knowledge but no prior powerpoint experience. Taking you through setting up and showing presentations

**iPad for Beginners**  
**1981WS1P01**  
**Thursday 17 October 2019 | 4:00 PM - 5:45 PM | 4 weeks | Highlands College**  
**Price: £70 - Senior Citizen: £70**  
**Tutor: Alison Ellis**  
Just starting to use an Apple iPad? Cover the basics of how to operate it, surf the net, send e-mails, use the standard apps, download other apps of your choice, use FaceTime for video chatting, take and store photos and more. Students are required to bring their own iPad.  
Dates: 17 and 24 October and 21 and 28 November.

**Beginners Excel**  
**1981WX1E01**  
**Thursday 19 September 2019 | 6:30 PM - 8:30 PM | 2 weeks | Highlands College**  
**Price: £50 - Senior Citizen: £50**  
**Tutor: Corrado Anderson**  
Do you need to use Excel to store and present information? This course assumes a basic computer knowledge but no prior spreadsheet experience is necessary. It will take you through the process of creating a spreadsheet, using formulae to perform simple calculations, sorting and filtering.

**Excel - Pivots and Tables Demystified**  
**1981WX1E02**  
**Thursday 17 October 2019 | 6:30 PM - 8:30 PM | 2 weeks | Highlands College**  
**Price: £50 - Senior Citizen: £50**  
**Tutor: Corrado Anderson**  
Need to learn how to structure information in a spreadsheet and how to sort and present data? This course assumes a basic knowledge of both the computer and Excel. It will enable you to create a basic spreadsheet that will automatically collect the data you choose to present it as charts, graphs or tables.

**Introduction to Quickbooks**  
**1981WX1Q01**  
**Wednesday 6 November 2019 | 6:30 PM - 9:30 PM | 3 weeks | Highlands College**  
**Price: £165 - Senior Citizen: £165**  
**Tutor: Sally-Anne Fillieul**  
Learn how to use the online version of Quickbooks book-keeping package. Create an online company and learn about how to set up company details, produce invoices, manage sales and purchase ledgers, maintain cash records, bank accounts and produce reports. Students should have knowledge of windows based applications and double-entry book-keeping. You will require an email address not used previously for a Quickbooks Online account.

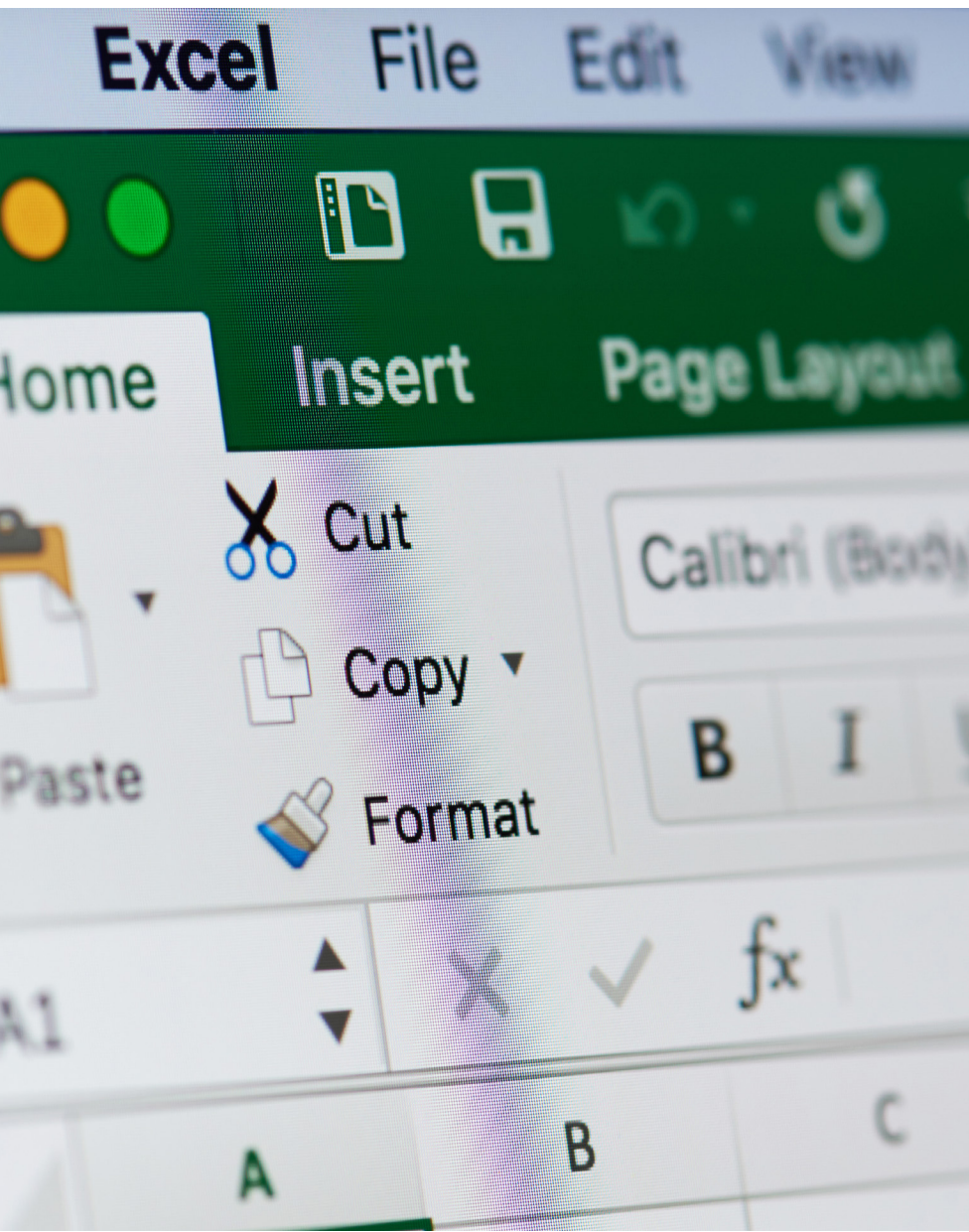
NEW COURSES FOR AUTUMN 2019

## Exploring the Holocaust

Beth Prosser

The 75th Anniversary of the liberation of Auschwitz is celebrated on the 27th January 2020 (International Holocaust Remembrance Day). In the term before this date, Beth will take you through the stages that led to the holocaust and how one man’s vision led to the death of approximately 17 million people. Beth has studied across Europe and is excited to share the points she has learnt starting from the poignant dates and the events that led to “Final Solution” in 1942.

**Refer to page 8 for full details.**



## SUMMER HOLIDAY COURSES

**Summer Pottery Short Course**  
**1881AC3S01**  
**Wednesday 24 July 2019 | 10am - 12.30pm | 4 week**  
**Philip Maurant Centre**  
**Price: £95 - Senior Citizen: £75**  
**Tutor: Raymond Ubsdell**  
A short course for advanced and beginner potters to learn and stretch your skills. Working with Ray Ubsdell, who will challenge you to produce a masterpiece within your reach. Please bring an apron or old shirt to protect your clothing and wear closed in shoes.

**Summer Pottery Short Course**  
**1881AC3S02**  
**Thursday 25 July 2019 | 10am - 12.30pm | 4 week |**  
**Philip Maurant Centre**  
**Price: £95 - Senior Citizen: £75**  
**Tutor: Raymond Ubsdell**  
A short course for advanced and beginner potters to learn and stretch your skills. Working with Ray Ubsdell, who will challenge you to produce a masterpiece within your reach. Please bring an apron or old shirt to protect your clothing and wear closed in shoes.

**Summer Pottery for Adult and Child 12+**  
**1881AC3T01**  
**Monday 22 July 2019 | 9.45am - 11.45am | 1 week**  
**Philip Maurant Centre**  
**Price: £65 - Senior Citizen: £65**  
**Tutor: Raymond Ubsdell**  
Two sessions held in one week on Monday 22nd July and Wednesday 24th July, one adult and one child (aged 12+) included in the registration fee. Working together you will learn basic pottery skills and produce a finished item. Old clothes or apron required, students must wear closed in shoes.

**Summer Pottery for Adult and Child 12+**  
**1881AC3T02**  
**Tuesday 23 July 2019 | 9.45am - 11.45am | 1 week**  
**Philip Maurant Centre**  
**Price: £65 - Senior Citizen: £65**  
**Tutor: Raymond Ubsdell**  
Two sessions held in one week on Tuesday 23 July and Thursday 25 July, one adult and one child (aged 12+) included in the registration fee. Working together you will learn basic pottery skills and produce a finished item. Old clothes or apron required, students must wear closed in shoes.

**Landscape Painting With Oils**  
**1881AO3L01**  
**Tuesday 23 July 2019 | 9.15am - 11.45am | 6 weeks**  
**Outdoor Location**  
**Price: £125 - Senior Citizen: £100**  
**Tutor: Michelle Cornu**  
Join us out in the Jersey countryside to learn to paint landscapes in oils. Capture the atmosphere of some of our beautiful scenery using oil paint on canvas or board. This summer holiday course will help you with confidence and technique and is suitable for beginners as well as those with some experience.





**RACHEL'S TEXTILES STUDIO**

**Excellent facilities for Sewing/Craft Classes & Parties**  
**Fabulous haberdashery with so many sewing essentials & beautiful fabrics & trims**  
**Handmade Genuine Jersey Gifts & Jersey Themed Fabrics**  
**Rachel is Jersey's premier dealer for Janome Sewing Machines**  
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**Tel 01534 878877**

**Email: [rachel@rachelstextilesstudio.com](mailto:rachel@rachelstextilesstudio.com)**



FREE GROUPS/EVENTS

Book Groups

Adult and Community Education are pleased to be offering two book groups for the Autumn term. One on a Friday morning and one on a Monday evening. These groups will be held fortnightly and will read books voted for by the group. Come and discuss the twists, turns, plot lines, relevance to modern life, authors use of tone, and how the characters were made believable. Places are available for these free sessions via Eventbrite:

Monday evening session

https://www.eventbrite.com/e/adult-and-community-education-book-group-evening-tickets-63197903631

Friday morning session

https://www.eventbrite.com/e/adult-community-education-book-group-tickets-63193238678



Craft Group

Adult and Community Education are pleased to be offering two craft groups for the Autumn term. One on a Wednesday afternoon and one on a Tuesday evening, these classes are free and held at the Philip Mourant Centre in Trinity. Bring your knitting, crochet, stitching, papercraft, beading, embroidery in fact any craft work you do and come and natter while you make. A friendly bunch of people coming together for a social time in the homely centre in Trinity.

Tuesday evening session

https://www.eventbrite.com/e/adult-and-community-education-evening-craft-group-tickets-63202139300

Wednesday afternoon session

https://www.eventbrite.com/e/copy-of-adult-and-community-education-craft-group-afternoon-tickets-63199357981



Eco-Evenings

Thursday 19th September is the first of our Eco-Evenings. These are talks, information sharing and make and take events to help us all improve the way we live and move towards a more sustainable existence. These sessions are bookable on Eventbrite but free of cost (unless specified – eg a make a take will incur costs). This is about sharing good practice and little ways we can all make changes to improve the world we live in.

https://www.eventbrite.com/manage/events/62307483360/basicinfo

TERMS & CONDITIONS

Adult & Community Education (ACE) Courses

**Cancellations:**  
A minimum enrolment number is required to recover the full costs of providing a course. If numbers of students fail to reach this minimum we reluctantly cancel it. Applicants are provided with a full refund or a transfer to another suitable course if one is available.

**Refunds:**  
Unfortunately, we only offer a refund if a course has been cancelled by Highlands College. Circumstances such as illness, work commitments or leaving the Island are not considered for refunds. Course places cannot be deferred to another term and are not transferable to another person.

**Eligibility for ACE Courses:**  
The Adult & Community Education (ACE) programme is only available to students aged 18 or over. (Unless specified in the course information)

**Application Priority:**  
Applications for Adult & Community Education (ACE) leisure courses are accepted on a first come, first served basis on receipt of the fees. If the wait list is sufficiently large and additional tutors and facilities are available another course may be set up, for which you will be offered a place.

**Fee Concessions:**  
If you are aged 60 or over, an automatic concession is applied to your course fee on application.

PRIVACY STATEMENT

As a ‘controller’ under the Data Protection (Jersey) Law 2018 we process and hold your information in order to provide public services and meet our statutory obligations. We may not be able to provide you with a service unless we have enough information, or your permission to use that information. Below, we explain what we collect; how we will use your information; and what your rights are:

**Data we collect:**  
We have collected your personal details (name; address, contact details; and DOB) and we do this in order to carry out the service you have requested; to monitor and improve our performance; to ensure that we meet our legal obligations; to prevent and detect crime; to process financial transactions including grants or payment of benefits; to allow the statistical analysis of data so we can plan the provision of services; and where necessary, for our law enforcement functions; or to protect individuals from harm or injury.

**How we use data:**  
We will endeavour to keep your information accurate and up to date and not keep it for longer than is necessary. We will not pass any personal data on to anyone outside of the States of Jersey, other than those who either process information on our behalf, or because of a legal requirement, and we will only do so, where possible, after we have ensured that sufficient steps have been taken by

Please complete this form in BLOCK CAPITALS in black ballpoint pen and tick boxes where required

APPLICATION FORM

for: Adult & Community Education (ACE),Highlands Part-time and Professional Courses

Please send your completed form with full payment to:  
Student Records, Highlands College, Highlands Lane, St Saviour, JE1 1HL



Personal Details

Surname:.....

First Name(s):.....

Title (Mr/Mrs/Mx etc):..... Gender:..... Date of Birth:.....

Address: .....

.....

.....

.....

Parish: ..... Post Code: .....

Home Tel: ..... Work Tel: .....

Mobile: .....

Email: .....

Local Emergency Contact

Name:.....

Tel: .....

Medical Conditions / Disabilities

Please note when "yes" is ticked further information may be requested either prior to, or at enrolment

Do you suffer from any medical conditions or disability which might impact on your studies?  
Yes ☐ No ☐

Criminal Conviction Disclosure:

This part of the form MUST be completed Yes ☐ No ☐

If you do not tick either the 'Yes' or 'No' box above, we will contact you to get this information and this will delay your enrolment. You must tick 'Yes' if you have a conviction unless it is a minor civil offence e.g. OR a spent sentence (as defined by the REHABILITATION OF OFFENDERS (JERSEY) LAW 2001). Please be aware that dependent on the nature of any conviction it may affect your application for certain courses, particularly in teaching, health, and social care, where you must tell us about ANY criminal conviction(s), including spent sentences and cautions. If you are convicted of a criminal offence after you have enrolled or have a court case pending, you MUST let us know immediately. If you are not sure whether to tell us about a previous conviction you should get more advice from your Citizens Advice Bureau or Student Life

Course(s) for enrolment

Highlands College reserves the right to cancel or amend any course  
Methods of Payment are: CASH (in person at Highlands College), DEBIT/CREDIT Card, CHEQUES (made payable to "Treasurer of the States")

Please note your place on a course is not confirmed until full payment of all the fees.

FEES ARE NON-REFUNDABLE UNLESS THE COURSE IS CANCELLED BY HIGHLANDS COLLEGE. COURSE PLACES ARE NON-TRANSFERABLE .

Course Code	Course Title	Start Date	Fee

Please read our Terms and Conditions and Privacy Statement

I certify that the details for this application are current and correct to the best of my knowledge

Applicant's Signature: ..... Date: .....

Please tick this box if you are happy for Highlands College to contact you with information regarding college events and courses. ☐

Comments:

FOR OFFICE USE ONLY

HOD/Tutor Signature:

Payment method:

Student ID: HC

Employer code:

Input by:

Date input:

17.10.2018

the recipient to protect your personal data. We do not process your information overseas using web services that are hosted outside the European Economic Area. At no time will your information be passed to organisations for marketing or sales purposes or for any commercial use without your prior express consent.

**Your Rights:**  
You can ask us: to stop processing your information; to correct or amend your information; for a copy of the information we hold about you. You can also: request that the processing of your personal data is restricted; and withdraw your consent to the processing of your information.

You can complain to us about the way your information is being used by contacting us at registry@highlands.ac.uk alternatively you can complain to the Information Commissioner by emailing enquiries@oicjersey.org.

For further information on why Highlands College collect your data and how we use applicants information and the Terms and Conditions of enrolment please view the College Privacy Policy and other information on our website at **www.highlands.ac.uk**



# Learn something new

## Leisure Learning courses

Visit our website for full course details or  
contact our ACE Leisure Learning Team  
for more information:

**T** 01534 608655

**E** [ace@highlands.ac.uk](mailto:ace@highlands.ac.uk)

**www.**[highlands.ac.uk](http://www.highlands.ac.uk)