



Highlands 6th

Enrichment

2016 / 2017



What is Enrichment?

Enrichment is a method of helping students to develop important personal qualities, including problem solving, creative thinking, taking initiative, self-direction and discovery through a range of engaging activities that complement the curriculum.

An enrichment programme of relevant activities is being developed at Highlands to enhance student studies. Students will be offered the opportunity to celebrate their success and be awarded a certificate of participation.

When will it take place?

The programme will be delivered on Tuesday mornings between 11.00am and 12.30 pm. Some activities will run on a weekly drop in basis, others will be offered each side of half term. Please look out for posters and advertisements displayed on TV Screens, Moodle and screen savers.

Forest School

COMING IN THE FUTURE

Do you want a break from learning in the classroom? Do you want/need a break from staring at your computer? If the answer is yes to either of these questions, Forest School could be the answer.

Forest School is an outdoor learning experience, where you get the chance to do any of the following in a safe environment:

Making Campfires

Using Storm Kettles

Climbing Trees

Making Shelters

Toasting Marshmallows

Making and using your own tools (mallets and tent pegs)

Collecting and using natural materials

Forest School Crafts



This Girl Can!

Come on Girls! —sign up and participate in Female Sports.

Tutors: Felicity Mason/Andrew McGinnigle

Venue : Oakfield Sports Hall



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#WHAT
WOMEN
WANT

IS TO TAKE ON
A CHALLENGE



Political Awareness

Tutor: Mary Ayling Philip

Raise your political awareness and become part of a team for the Youth Parliament debate from Highlands

Maximum Student Numbers 20

KEEP AN EYE ON THE NOTICE BOARD, MOODLE, SCREEN SAVERS FOR DAY/TIME .



Barista Training

Coming in the future!

Learn how to prepare the full range of Italian coffees creating the perfect cup!

Venue :- Camden Bar Lounge Day/Time to be advised.



Drab to Fab!

Master the art of "up-cycling" all types of household items quickly, easily and inexpensively! From boot sale bargains to furniture you've simply outgrown and want to re-vamp to suit your current needs, this is the course for you. You'll learn how to identify your inspirations, prepare your surfaces and transform your items into unique objects. The course covers different paint techniques such as stenciling (and how to design your own stencils) wood graining, faux finishes and other up-cycling tips. Suitable up-cycling objects include mirrors, picture frames, table lamps, small tables/cabinets/shelving units - if you can carry it to the class, we can up-cycle it!



Psychology of Communication

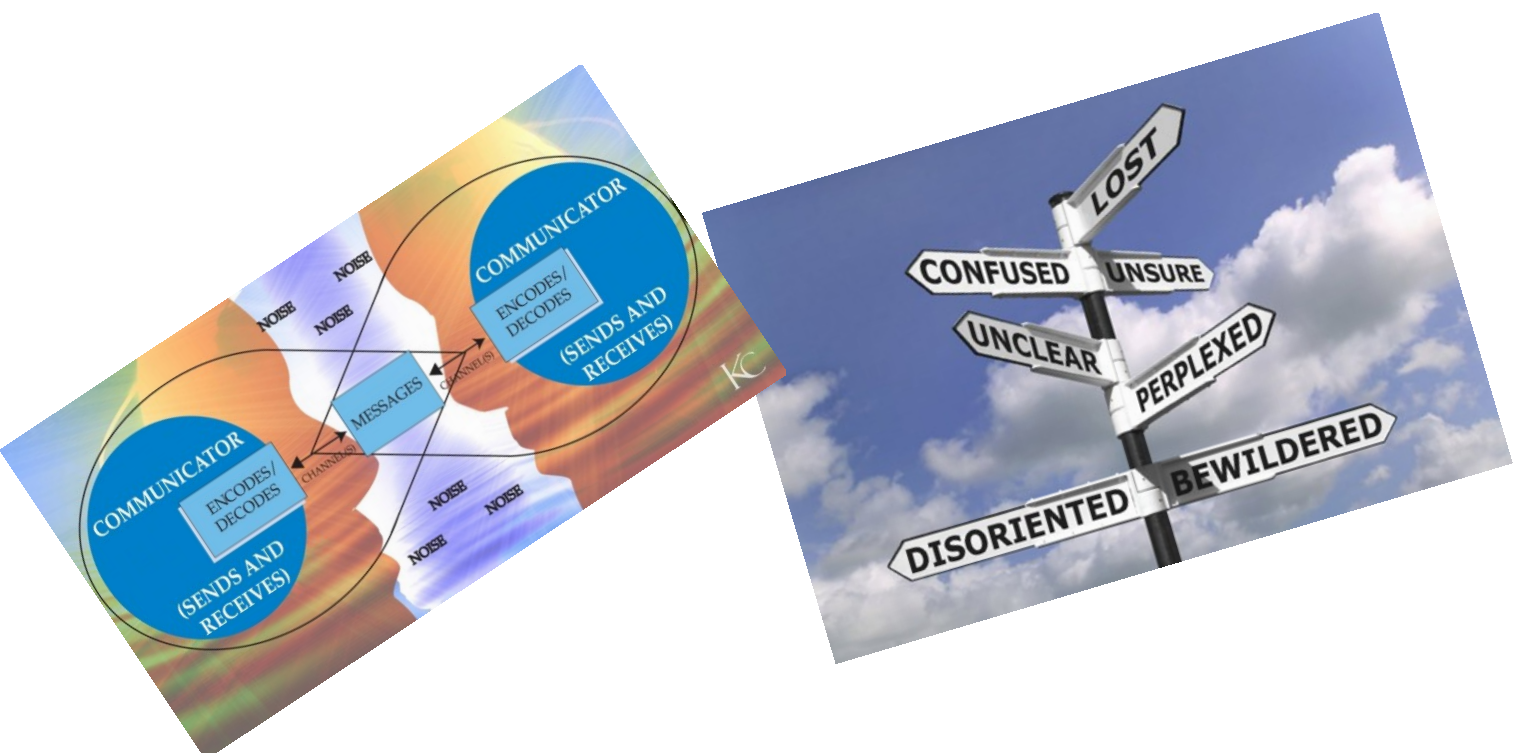
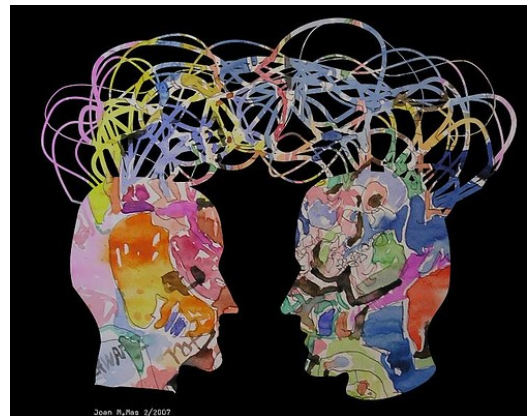
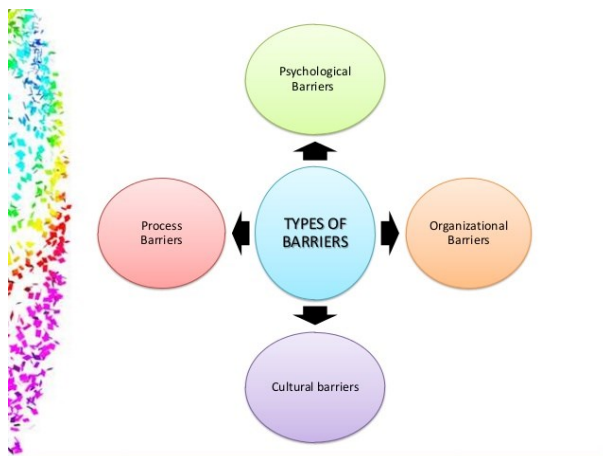
Tutor:- Tracy Peters

A lot of time is spent communicating with other people.

Sharing thoughts and understanding others feelings is essential for functioning in any society in the world.

Maximum Student Numbers:- 20

Venue:- University Centre 311 (top floor)



Buy It, Sell it, Love it

Buying and selling on eBay—sign up for a 3 week course, running regularly throughout the year! Learn about the history, how it works, how to register, avoiding the pitfalls. Learn how to search and browse correctly, bid and pay.

Venue:- IT Room Tech Block

Tutor Jeff Reed

Maximum Student Numbers:- 10



"Buy it. Sell it. Love it."



HOW to BUY and SELL on eBay
at pppst.com



Introduction to Hair Services

We can offer a range of taster sessions for you on a weekly basis ranging from Scalp Massages, Blow Drying, Plaiting, Twisting and Hair Up. Come and see us and you can tell us what you would like to learn!

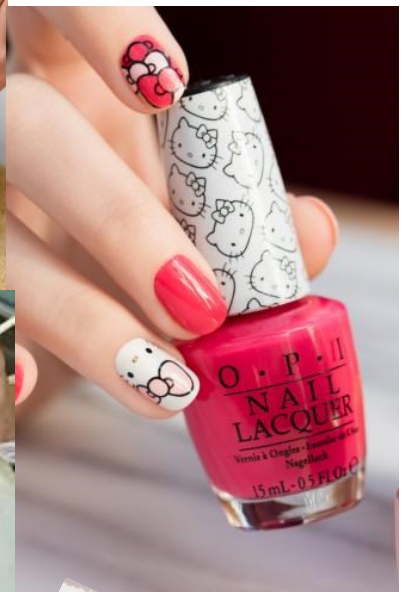
Venue: Hair Salons Camden Building



Introduction Beauty Services

We can offer a range of taster sessions for you on a weekly basis ranging from Nail Art/Gel Nails, Manicures and Pedicures, Facials and Skin Care. Come and see us and you can tell us what you would like to learn!

Venue: Beauty Rooms, Camden Building



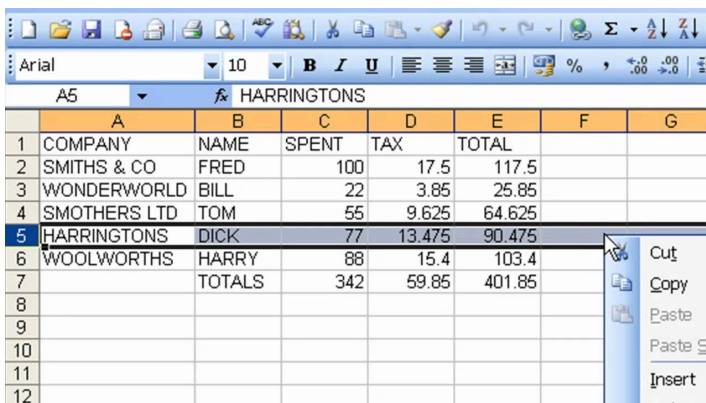
CLAIT

CLAiT stands for Computer Literacy and Information Technology and is an internationally recognised course. If you pass a CLAiT course it shows employers you can use the main applications on a computer.

Come and learn this in a fun environment and gain a qualification at the same time.

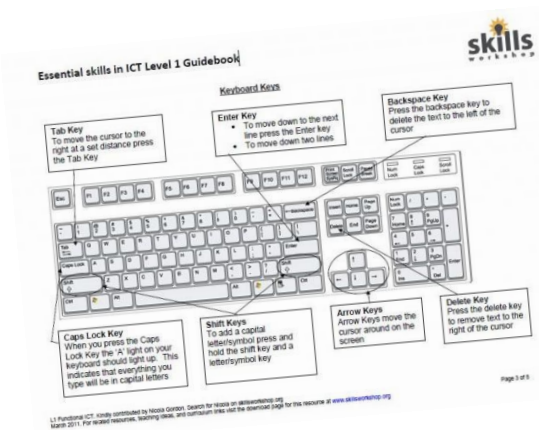
Venue: Camden 121

Maximum No of Students: 15



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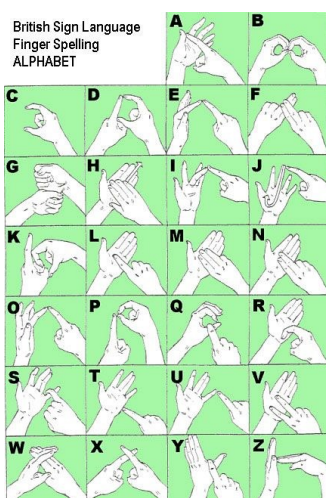
	A	B	C	D	E	F	G
1	COMPANY	NAME	SPENT	TAX	TOTAL		
2	SMITHS & CO	FRED	100	17.5	117.5		
3	WONDERWORLD	BILL	22	3.85	25.85		
4	SMOTHERS LTD	TOM	55	9.625	64.625		
5	HARRINGTONS	DICK	77	13.475	90.475		
6	WOOLWORTHS	HARRY	88	15.4	103.4		
7		TOTALS	342	59.85	401.85		
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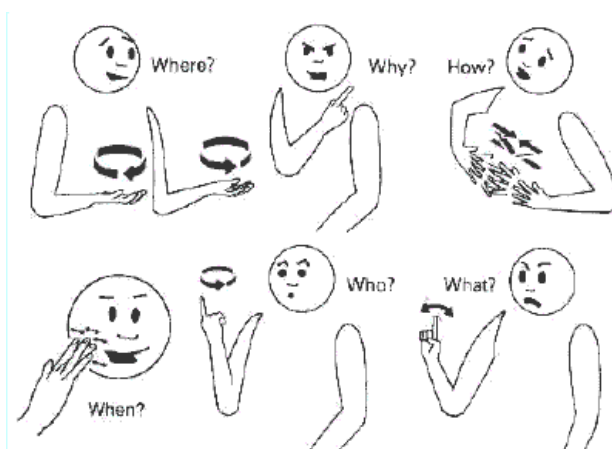
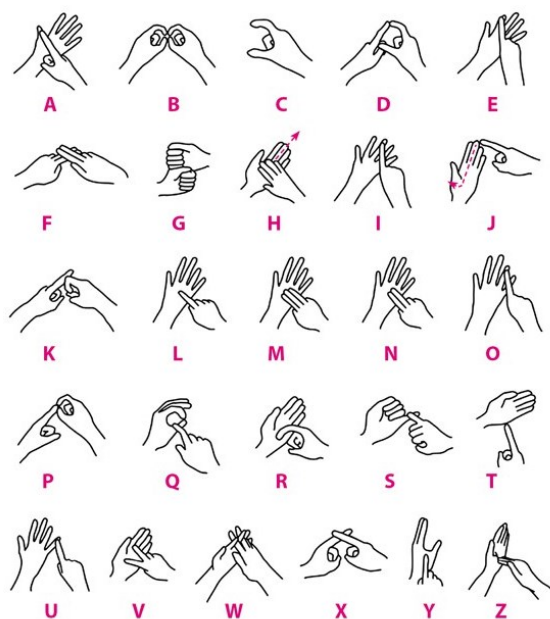
BRITISH SIGN LANGUAGE

British Sign Language, or BSL, is used by many deaf people, as well as those who are hearing impaired. It's a combination of hand gestures, facial expressions and body language.

Come and learn how in the **Spring Term**. Keep an eye on the notice board for further details.



Created on www.british-sign.co.uk



Open Mic

Perform in a fun, relaxed atmosphere on a weekly basis. We encourage songs and music of any kind.

Gain experience performing to a live audience with twice termly open mic performances.

Give constructive feedback in a positive manner.

Come on — give it a go!

Venue:- Media Block Theatre Maximum no of students:- 30



The Mud Club

Everything you need to sow, grow and harvest your own vegetables and fruit.

Come and join the friendly staff in the **Spring Term.**

Tutors Sue Diggle and Tracy Peters

Venue: To be advised

Student Numbers:- 20



Introduction to Photography

The aim of the class is to teach you the basics of photography . You will learn how a camera works, and how to avoid the common mistakes. But more importantly have fun!

Tutor:- Deimos Valerkou

Student Numbers:- 15

Venue: Media Block



The Bond Franchise

What is the secret to the success of the James Bond Franchise?

Think you know the James Bond films?

If not—This course will tell you everything you need to know!

Tutor:- Eric Blakeley Max Student Numbers:- 20

Venue:- University Centre room 312



Film Club

A look at the finer points of great films!

Tutors: Student Life

Max Student Numbers: 50

Venue: Hall

Dates: Various—check out the notice board and Moodle



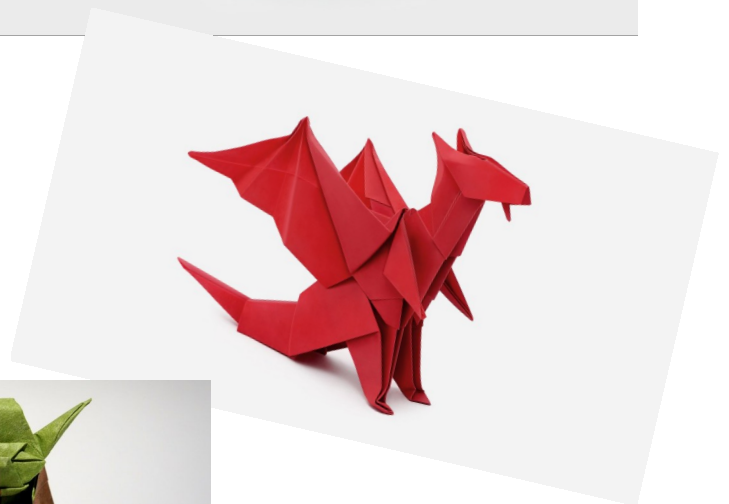
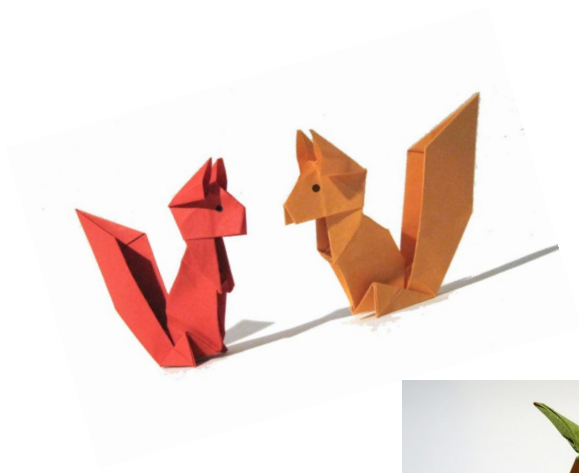
Origami

Origami is the art of paper folding, which is often associated with Japanese culture.

The goal is to transform a flat sheet of square of paper into a finished sculpture through folding and sculpting techniques.

Come along and find out how in a relaxed and friendly atmosphere.

Dates:- Various - please look at the Enrichment Notice Board in Café Connect for dates and venue .



Duke of Edinburgh

Duke of Edinburgh's Award at Bronze Level

This is a full year's Award and is split into 4 sections:

Expedition – 2 days walking with an overnight camp

Physical Recreation – Any recreational sport that you enjoy that can be tracked for at least 3 months

Volunteering – You can plan to do voluntary work with an organisation or help to plan and participate in fund raising for a Charity and has to be tracked for at least 3 months

Skills – You can choose to develop a skill and this has to be tracked for at least 6 months

To pass the Award you will need to complete each section:-

Map reading, team building, camping and off the beaten track walking Activities

You will learn how to read a map, follow planned routes, take part in team building activities that may include a session of Bushcraft/Coastal Foraging, Kayaking/Coasteering (all

dependent on the time of year). The aim is to prepare you to be able to work with a team for a whole day walking and a camp overnight (self-sufficient cooking), following the safety

regulations of the Duke of Edinburgh programme. **MEET IN MEDIA BLOCK START DATE TO BE ADVISED**



Five A Side Football

Using Oakfield Pitch a 5—A— Side league will run. The first 2 weeks will be dedicated to team formation and then the league will begin. Squads of 7 will be put together to play together in the league.

Tutors: Dom Glennon and Martin Colley

Max Student Numbers: 35

Venue: Springfield



LGBT CLUB

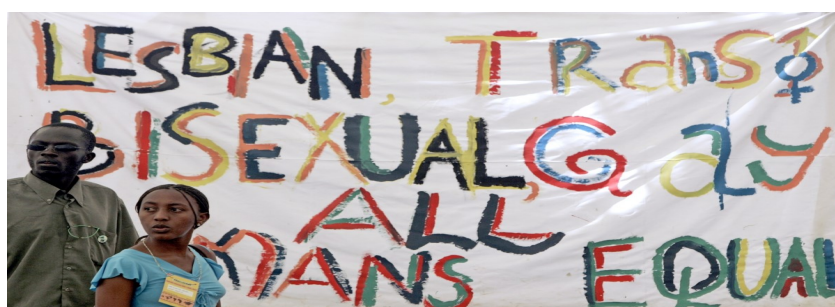
Meet new like-minded friends

Hold weekly meet ups (organised by yourselves or facilitated by tutors or Student Life)

Support from the Student Life Team if required

Confidential :- if you would like to contact us confidentially, please use the Student Life Email studentlife@highlands.ac.uk

First Meeting 13th September in **Turner Block room 1** please go along and make yourself known.



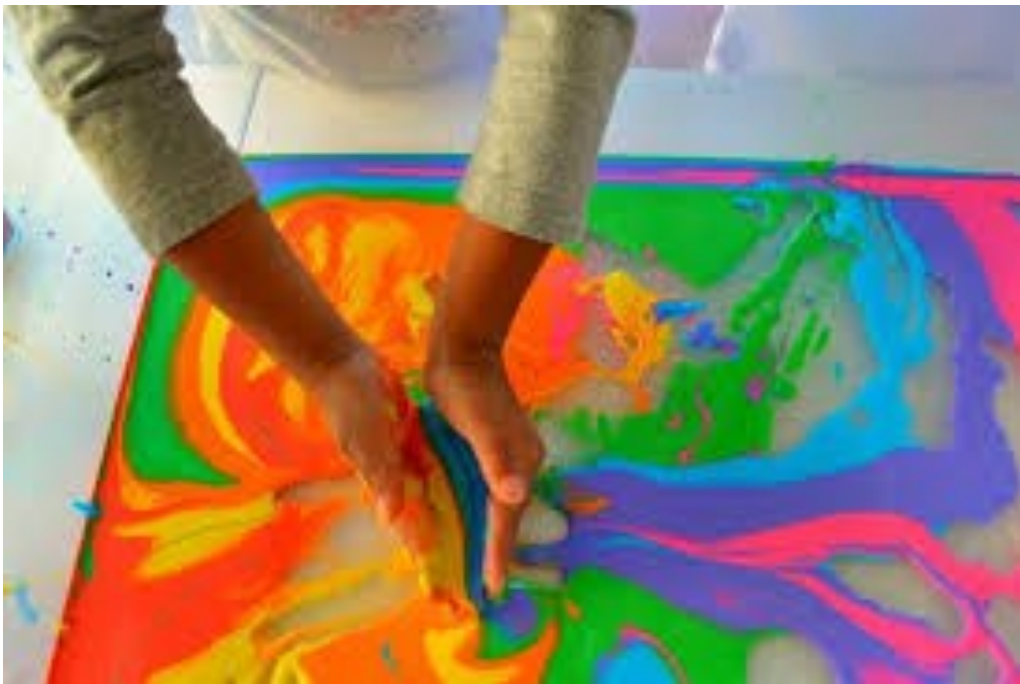
Practically Art

Get your hands dirty in the School of Art working with a range of materials and techniques and create your own personal masterpiece. First term concentrating on Ceramics. Come and try it out. Be prepared to sign up for 6 weeks.

Tutors: Marc McCarthy

Max Student Numbers: 10

Venue: School of Art



Board Games

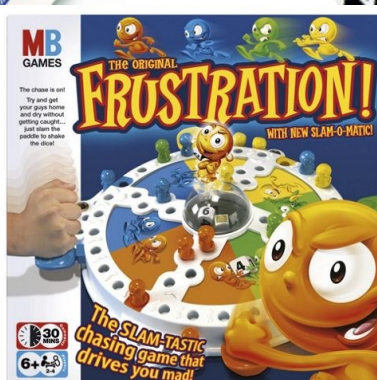
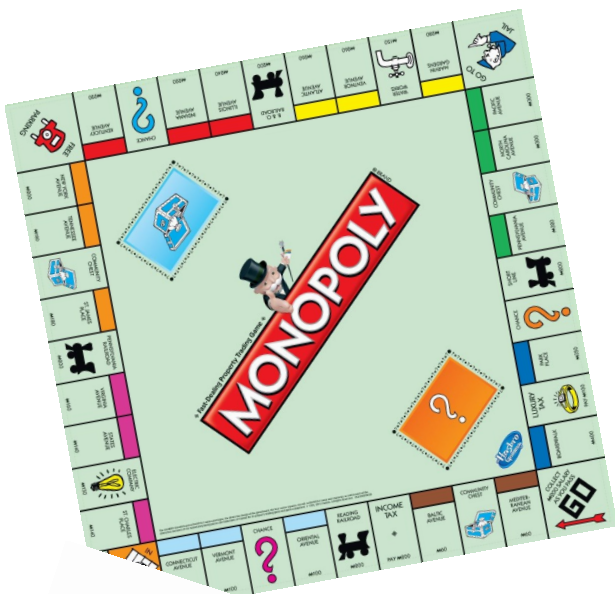
Every Tuesday 11.00— 12.30pm in Café Connect. Come and play a range of Board and Card Games ranging from Monopoly, Game of Life, Frustration, Uno and Draughts.

A popular activity last year!

Tutors: Student Life

Max Student Numbers: 30

Venue: Café Connect.



Great British Bake Off!?

Are you a fan of Great British Bake Off? Do you want to improve your baking skills? Learn to make simple cakes, biscuits and delicious treats, working alongside Life Skills students.

Venue: life Skills Kitchen TU102. Maximum number 8

Tutor : Helen O'Connell



How do you sign up?

Please attend the Freshers' Fayre on the 8th September at 11.00am in the Hall and adjacent classrooms. You will find enrichment stands where you can chat to the staff for further information.

Enrichment activities will be advertised on a weekly basis on the Enrichment Notice Board in Café Connect and on the Moodle site and computer screen savers. Some activities will require commitment for a set number of weeks, others are drop in sessions so you can experience something different each week.

Please contact the Student Life Team in the Café Connect Office if you have any queries.



**Highlands
College**