



SELF-ASSESSMENT TEST FOR
MODERN FOREIGN LANGUAGE COURSES
AT
HIGHLANDS COLLEGE

Look at the following CAN DO statements and tick those which you are very confident you can do already – test yourself!

Be honest with yourself so that your final score reflects your true ability to use the language in these four skill areas – we want to make sure you are in the right class!

MY SPEAKING SKILLS

I can...

- introduce myself
- spell my name
- ask and answer simple questions about myself/others (e.g. name, address, nationality)
- ask for clarification if I don't understand
- order some simple food and drink in a café/restaurant without too much difficulty
- spell words out loud quite confidently
- ask and answer simple questions about my family and friends
- make simple requests for items in a shop
- make simple requests and ask permission
- ask for simple information
- ask for directions
- give simple directions
- talk about likes and dislikes
- give simple physical descriptions of people
- talk about what I 'need', 'want' 'would like'
- talk about what I 'think', 'prefer'
- make simple suggestions

- talk about your last holiday and what you did
- tell simple stories and relate events in sequence
- make and respond to invitations
- give advice
- give instructions and explain how to use something
- respond appropriately in certain social situations
- talk about health problems
- express what is wrong with products & services
- compare and contrast ideas
- describe change
- talk about past experiences
- Can describe objects in detail
- Can complain

MY LISTENING SKILLS

I can...

understand numbers 1-50 when given very slowly

understand numbers 1-100 when given very slowly

understand basic personal questions about name, age, nationality etc

understand time (o'clock, quarter past/to, half past) when given slowly

understand it when someone tells me the time

understand prices when given slowly

understand the main points of a conversation of a familiar topic

When people speak very slowly and clearly

follow some simple instructions

follow some simple directions given slowly

recognise and respond to greetings

recognise and respond to instructions; offers and requests for information

recognise and respond to offers

recognise and respond to requests for information

recognise and respond to suggestions

understand simple narration

understand advice and opinions

understand spoken rules and regulations, obligation and prohibition

understand the main ideas of a TV or radio programme

hold basic conversations on the telephone without a great deal of difficulty

understand and confidently follow clear instructions

MY READING SKILLS

I can...

read simple short texts with familiar vocabulary for basic understanding

get the gist of short, simple notices in public areas

understand simple food lists/menus

understand most of the information on everyday notices and posters in a town
sometimes need the help of additional information e.g. photos

recognise the purpose & main gist of content of simple texts encountered in daily life
e.g. an advert in a magazine, an appointment card, a form and

find specific, predictable information in simple everyday materials
e.g. a holiday brochure or timetable or cooking instruction on packets

confidently understand a variety of public signs
e.g. written directions, prices, simple menus, bills, simple adverts

read holiday leaflets and brochures to find information

read and get a good understanding of labels/information on everyday supermarket products

recognise and generally understand written rules and regulations and guidelines

read and understand a simple CV or description of a person's life experience

read most magazine or newspaper articles to get a basic idea of the content

read some authentic materials from newspapers / magazines

read various sets of instructions
e.g. cooking instructions, washing instructions, instructions to construct flat-pack items etc.

read a simple story

MY WRITING SKILLS

I can...

- write a simple shopping list (basic items)
- fill in a simple personal information form
- write a very simple diary
- note down simple words when spelled out loud
- spell some basic words of vocabulary
- fill in a simple questionnaire (tick boxes)
- write a simple note (assisted writing)
- complete a registration form
- write a simple letter / email to a friend
- complete a questionnaire with tick boxes and places for comment
- write a simple personal letter / postcard / email
- write a simple invitation
- write a simple letter of complaint
- write a simple set or rules
- write a variety of notes

YOUR RESULTS

Add up all the ticks and follow the advice given below for the class most likely to be the right one for you:

Score	Level	Class
0-8	A1	Beginner (a)
9-20	A1	Beginner (b)
21-32	A2	Elementary (a)
33-44	A2	Elementary (b)
45-56	B1	Pre-Intermediate (a)
57-68	B1	Pre-Intermediate (b)
69+	B2	Intermediate (a)

Please consider that your score will reflect your overall ability.

If you score 69+ , please contact us for advice on the course you should join.